

Mission

Improve the physical and mental health of all migrants and refugees in Victoria through education provided by doctors and community empowerment

How

Health sessions are **delivered by volunteer doctors...**

Within the comfort of **culturally appropriate spaces** chosen by community groups...

In **partnership** with migrant/ refugee organisations...

To build **individual and community empowerment** and **health literacy.**

Outcomes

For refugees and migrants

- Enhance access and improve appropriateness of presentation to healthcare providers
- Improve the utilisation of health oriented resources to which they are entitled
- Enhance knowledge about general health issues and of the Australian healthcare system

For junior doctors

- Strengthen their communication skills, in particular in dealing with culturally and linguistically diverse individuals and communities
- Enhanced understanding of health issues specific to migrant and refugee communities

For the Health System

- More effective and informed health consultations within the healthcare system